MOTHERS' MILK SAVES LIVES

MOTHERS' MILK BANK OF TENNESSEE
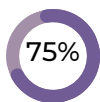
Mothers' milk is the best nutrition for newborns. For medically fragile infants, mothers' milk is more than a nutritional choice, it is a lifesaving intervention. Unfortunately, not all babies have access to their mothers' milk. That's where we come in.

Mothers' Milk Bank of Tennessee is dedicated to providing safe, pasteurized donor human milk to the most vulnerable babies. Together, with the support and service of our milk donor moms, volunteers and financial contributors, we are saving lives.

75% Studies show the use of only human milk to feed preterm and low birth weight infants reduces mortality by 75%.

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Amanda gave birth to her daughter, Karisma at 32 weeks. Amanda understood the importance of breastfeeding. Unfortunately, Amanda experienced delayed lactation, which can be common for mothers who deliver preterm. Karisma received donor milk in the NICU until her mother's milk came in. After 21 days in the NICU, Amanda was able to take her daughter home. Karisma thrived on her mothers' milk. Amanda continued to pump and became a milk donor. Amanda felt it was important to give her extra milk to help other vulnerable babies.

THE JOURNEY OF A MILK DROP

First, Mothers' Milk Bank of Tennessee (MMBTN) screens all prospective milk donors.

Once approved, donors deliver their milk frozen to one of MMBTN's Milk Drop Depots located throughout Tennessee.

Donor milk is then transferred to MMBTN's facility in Murfreesboro. There, donor milk is filtered, mixed, bottled, pasteurized and cultured.

The Pasteurized Human Donor Milk (PHDM) is then distributed to NICUs across Tennessee.

HOW YOU CAN HELP

As a 501(c)(3) nonprofit milk bank, Mothers' Milk Bank of Tennessee relies on financial supporters and volunteers to further advance our mission to provide safe, pasteurized donor human milk to medically fragile babies.

Learn more

Volunteer your time

Contribute financially

Become a milk donor

Spread the word