Studies show the use of only human milk to feed preterm and low birth weight infants reduces mortality by 75%.

Mothers’ milk is the best nutrition for newborns. For medically fragile infants, mothers’ milk is more than a nutritional choice, it is a lifesaving intervention. Unfortunately, not all babies have access to their mothers' milk. That’s where we come in.

Mothers’ Milk Bank of Tennessee is dedicated to providing safe, pasteurized donor human milk to the most vulnerable babies. Together, with the support and service of our milk donor moms, volunteers and financial contributors, we are saving lives.

Studies show the use of only human milk to feed preterm and low birth weight infants reduces mortality by 75%.
Amanda gave birth to her daughter, Karisma at 32 weeks. Amanda understood the importance of breastfeeding. Unfortunately, Amanda experienced delayed lactation, which can be common for mothers who deliver preterm. Karisma received donor milk in the NICU until her mother's milk came in. After 21 days in the NICU, Amanda was able to take her daughter home. Karisma thrived on her mothers’ milk. Amanda continued to pump and became a milk donor. Amanda felt it was important to give her extra milk to help other vulnerable babies.