



2025 ANNUAL REPORT



SPECIAL MESSAGE



AMY S. PAINTER,
EXECUTIVE
DIRECTOR

As I reflect on this past year at Mothers' Milk Bank of Tennessee, I am filled with deep gratitude for the community that makes this work possible. Since April 2025, it has been a true honor to be entrusted by our Board of Directors and former Executive Director, Susan Campbell, MD, IBCLC, to lead this organization. I cannot imagine a better mentor than Dr. Campbell, whose guidance, vision and unwavering commitment to our mission continue to shape our work and inspire my leadership.

Every ounce of donor human milk donated and dispensed represents more than nutrition. It represents a mother's generosity, a healthcare provider's trust and a family's hope during one of the most fragile moments of their lives. Each day, our impact is made possible by an extraordinary network: selfless milk donors, dedicated staff, passionate volunteers, supportive hospital partners and generous financial donors. I am continually inspired by the compassion that defines this organization and our unwavering commitment to safety, quality and equity that guides every decision we make.

TOGETHER, in 2025, we served more infants than ever before. Your support ensured that medically fragile and premature infants received safe, pasteurized donor human milk when their own mother's milk was unavailable or insufficient. We also strengthened partnerships, expanded our reach and laid important groundwork for the future to ensure Mothers' Milk Bank of Tennessee remains sustainable, responsive and prepared to meet the increasing demand for donor human milk. While the need continues to grow, so does our resolve to serve families with excellence and compassion.

As we look ahead, we remain focused on expanding access and honoring the trust placed in us by families across Tennessee and beyond. Thank you for believing in this mission and for standing with us.

With gratitude,

Amy S. Painter

Amy S. Painter
Executive Director
Mothers' Milk Bank of Tennessee

MISSION

Mothers' Milk Bank of Tennessee is dedicated to providing safe, pasteurized donor human milk to the most vulnerable babies.



VISION

Our organization exists to increase access to safe, pasteurized donor human milk (PDHM) for infants who need it most. Donor human milk is a critical, lifesaving resource that supports optimal infant health outcomes when a mother's own milk is unavailable or insufficient. Through strategic growth, strong partnerships and operational excellence, we are committed to ensuring donor milk is available and accessible throughout Tennessee and the surrounding region.

STANDARD OF CARE

Donor milk is now available in over 92% of Level III and IV NICUs in the U.S.

CHEERS TO FOUR YEARS

On November 17, 2025, Mothers' Milk Bank of Tennessee marked its fourth anniversary, celebrating the significant contributions made by our dedicated milk donors, volunteers and financial supporters. We are proud of the impact we have made in four years.



1,500+
MILK DONORS
APPROVED



1 MILLION
OUNCE
COLLECTED



1.1 MILLION+
FEEDINGS
DISPENSED

2025 YEAR IN REVIEW

In 2025, we achieved a milestone by providing a record number of ounces of pasteurized donor human milk (PDHM) to premature and medically fragile infants during their critical time of need. We also broadened access through several new initiatives.

- Our Outpatient Program extended the availability of donor human milk beyond hospital settings, supporting infants after discharge when ongoing supplementation is medically necessary.
- Through our Compassionate Care Program, now named the Rosie Fund, we ensured that families in challenging circumstances could access donor milk, eliminating financial hardship as a barrier to essential nutrition.
- Additionally, we launched Donor Milk to Go, which offers a more streamlined and family-focused method for caregivers to obtain donor milk when time and continuity of care are crucial.

Our impact is made possible by the extraordinary generosity of milk donors, the dedication of our staff and volunteers, the collaboration of our healthcare partners and the generosity of donors and funders who believe in this mission. Looking ahead, we are committed to furthering our reach and impact, continually improving our services and programs and fostering a community where every infant has the opportunity to thrive.





A NICU MOTHER'S JOURNEY OF LOVE AND GIVING BACK

WHEN MOM'S OWN MILK IS NOT AVAILABLE, THE AMERICAN ACADEMY OF PEDIATRICS (AAP) RECOMMENDS THE USE OF SAFE PASTEURIZED DONOR HUMAN MILK FOR ITS BENEFITS TO BOTH INDIVIDUAL INFANTS AND PUBLIC HEALTH.

“I have been a NICU mom with both of my beautiful babies. Recently, my son, who was born 10 weeks early, spent eight weeks in the NICU. Our journey has been greatly impacted by the ability to receive breast milk in those very early stages of life for both my children. I have been blessed with the ability to give back now and return the precious gift that my children received through other donating mothers. Breastfeeding was really the only way I felt I could help my children during their time in the NICU. As a mom who was not able to bring her babies home and experience that newborn stage the traditional way, it helped me cope with our unique situation. If I could say one thing to a mother that is experiencing a NICU stay, just know you are enough. Your presence is enough. Your love is enough. And though it might not be how you expected the beginning of your journey to start, the journey is beautiful. You will look back and think about how far you and your baby have come as you watch them grow! ” — Mara

THE JOURNEY OF A MILK DROP



At Mothers' Milk Bank of Tennessee, our donors are healthy lactating mothers who are in their first two years postpartum. Each mom generously volunteers to share her extra milk after completing a thorough screening process.

Once a donor is approved to donate, she then delivers her frozen milk to one of our Milk Drop Depots located across the state. Milk Drop Depots are strategic community partners that help us properly collect and store donations.



Donor milk is transported from the Milk Drop Depots to our processing facility in Murfreesboro, TN, where donor milk is filtered, mixed, bottled, pasteurized and cultured. We are regulated and inspected as a food manufacturer by the FDA.



Pasteurized donor human milk (PDHM) is first prioritized and delivered to hospital NICUs and nurseries to support vulnerable and medically fragile infants.



After hospital needs are met, PDHM is made available through our Outpatient Program.



IMPACT 2025

47%
GROWTH IN
DONOR MILK
DONATIONS

23
STATES
SERVED

91
HOSPITALS
SERVED



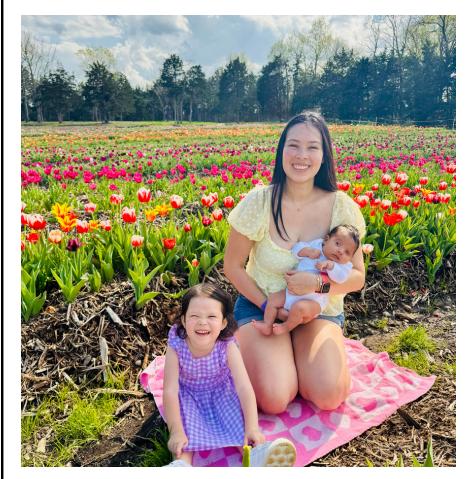
Mothers' Milk Bank of Tennessee has been an Accredited Member Milk Bank of the Human Milk Banking Association of North America (HMBANA) since 2021.

EVERY OUNCE HAS A STORY



"My baby was in the NICU for her first month of life. Although I was able to breastfeed, most mothers in the NICU were not able to. Early delivery, stress, and trauma can all hinder milk production. I worked hard to pump and store up a large milk supply, so when my baby developed allergic colitis at 2.5 months old and couldn't have my breast milk, I knew I wanted to donate it to help babies in the NICU who need it. Thank you to Mothers' Milk Bank of Tennessee for this amazing service you provide." — Kandace

"When my first baby was born in July 2022, I knew in my heart that I wanted to help other babies but didn't have enough milk. So, I just stayed with that feeling. Right after my second baby was born in February 2025, I knew I wanted to donate any excess milk to help babies that needed it. That's when I started to look for a place where we could donate it and help other babies grow strong, because I know how important breast milk is and how much effort it takes. That's when I found out about Mothers' Milk Bank of Tennessee. Pumping is exhausting and definitely a labor of love but knowing that I was able to help feed other babies means so much to me and my baby. I know she is happy to share the milk that has made her strong and healthy." — Fatima

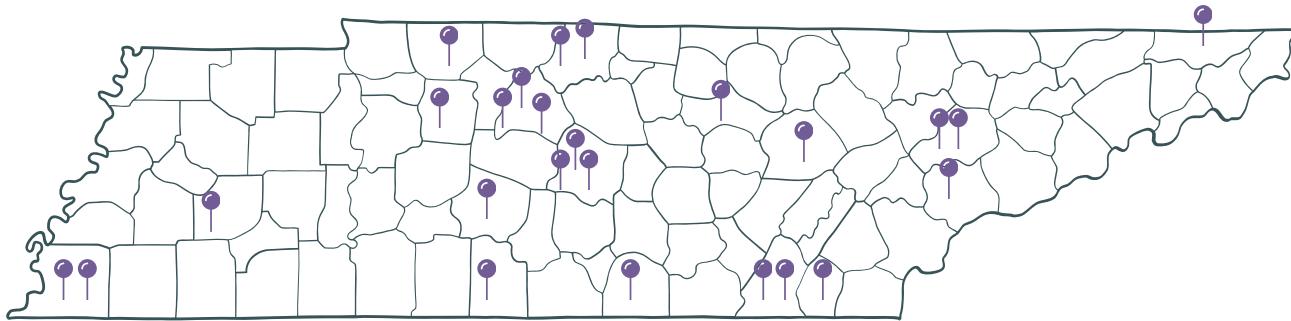


"My little girl was born 6 weeks early and delivered via emergency c-section. What was supposed to be a month-long stay ended up only being one week. She was able to receive donor milk until my milk came in and I will be forever thankful because I feel like she thrived due to the donor milk she was blessed with. I am thankful that now I get to return what we were blessed with and that I am now a milk donor." — Jessica



MILK DROP DEPOTS

In 2025, Mothers' Milk Bank of Tennessee opened **six** new Milk Drop Depots to increase the ease and convenience for approved donor moms to drop off their milk donations. We are proud to partner with the following organizations. We extend our heartfelt gratitude to all our partners and milk donors who make our life-saving work possible.



- Ascension Saint Thomas- Midtown
- Ascension Saint Thomas- Rutherford
- Brentwood Children's Clinic+
- Cumberland Medical Center+
- Contemporary Women's Health Clinic
- Cookeville Regional Medical Center
- Erlanger Children's Hospital
- Erlanger East+
- Highpoint Health- Gallatin
- Highpoint Health- Winchester
- Integrated Health Concepts+
- LeBonheur Pediatrics- Germantown
- LifeCircle Lactation Clinic+
- Maury Regional Medical Center
- Nashville General Hospital
- Regional One Health
- Shults Pediatrics- Blount County
- Shults Pediatrics- Knoxville
- Southern Tennessee Regional Health System - Pulaski
- Tennova- Clarksville+
- TriStar Centennial Medical Center
- TriStar Hendersonville Medical Center
- TriStar Horizon Medical Center
- TriStar StoneCrest Medical Center
- West Tennessee Healthcare Women's Care- Jackson

**at the time of publication*

+ Opened in 2025

LEADERSHIP SOCIETY

We would like to recognize our 2025 Leadership Society Donors. Members of the Leadership Society demonstrate their commitment to our mission through their annual financial support.

Dr. Muralidhar Bethi
Holly Bowman
Bruce Campbell and Dr. Susan Campbell
Amy Campbell-Pittz
Dr. Marcie Castleberry
Katie Centofonti
Joseph Centofonti
Anna Childress
Jim and Glenna Cook
Elry and Kathleen Cramer
J.T. and Hazel Deason
Ainsley Ellington
Ginny Enoch
Christina Foreman

Cesilia Garcia
Holley Harrison
Beverly Hayes
Don Hill
Johnnie and Ashley Hoskins
Dr. Sami Ismail
Anna Jordan-Jones
Melanie Koewler
Nikki Lee
Anne Michaelson
Nancy Neuendorf
Greyson and Amy Painter
Drs. Jason and Valerie Parker
Camry Perry

Christy Phillips
Angela Plunkett
Thom and Suzanne Scott
Kati Snow
Megan Spencer
Bobbie Stamps
Pat Steimer
Audrey Sundbye
Lydia Suttles
Kristin Trudeau
Michael Waggoner
Margaret Watson
Melody Zanotti

Names are listed as they were provided. Four donors wish to remain anonymous.

SUPPORTERS

We are sincerely grateful for the financial support provided by the following organizations in 2025. Their generous contributions have played a crucial role in advancing our mission and making a positive impact on the infants that we serve.





STAFF

LEADERSHIP

Amy Painter, CNL
Executive Director

DONOR SCREENING

Kaitlyn Solomon, RN, CBC
Director of Donor Screening Services

OPERATIONS

Christina Foreman, LPN
Director of Operations

Holly Bowman
Donor Screener

Lara Haynes
Accounting Manager

Cesilia Garcia, IBCLC
Donor Screener

LAB

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Lab Supervisor

Beverly Hayes
Donor Screener

Tamikka Coleman
Lab Technician

Anne Michaelson
Donor Screener

Derrick Ford
Lab Technician

Deborah Otuno
Donor Screener

Jeremy Pannell
Lab Technician

Breahna Tittle, RN
Donor Screener

Brandi Stone
Lab Technician



2025 BOARD OF DIRECTORS

Thom Scott, *Chair*

Ainsely Ellington, IBCLC

Amy Campbell-Pittz, *Vice-Chair*

Christy Phillips, MSN, NNP-BC

Katie Centofonti, *Treasurer*

Johnnie Hoskins

Jason Parker, MD, *Secretary*

Kati Snow

Bruce Campbell

Melanie Koewler

SPECIAL THANKS

Tracey McMahon,
RN, IBCLC
State Depot Director

Angela Plunkett, BSN, RN,
IBCLC, DipACLM, PHM-C
Consultant



SPECIAL RECOGNITION

SUSAN CAMPBELL, MD, IBCLC

We extend our deepest gratitude to Susan Campbell, MD, IBCLC, co-founder of Mothers' Milk Bank of Tennessee, for her visionary leadership and unwavering commitment to medically vulnerable infants and the families who love them.

Dr. Campbell served as Executive Director through April 2025, guiding the organization from its earliest days into a trusted, mission-driven provider of safe, pasteurized donor human milk. Under her leadership, Mothers' Milk Bank of Tennessee established strong clinical partnerships, built rigorous safety and quality standards and strengthened access to lifesaving donor milk across Tennessee. Her steady guidance, clinical expertise, and compassion shaped the culture of excellence that defines our work today.

While Dr. Campbell transitioned from the Executive Director role in April 2025, her dedication to our mission continues. As Medical Director, she remains an essential steward of clinical integrity by providing medical oversight, supporting evidence-based practices, and ensuring the highest standards of safety and care for every ounce of milk we dispense.

We are profoundly grateful for Dr. Campbell's lasting impact and continued leadership. Her vision and service have laid a strong foundation for our future. Her ongoing support ensures that our mission—to save and improve infant lives through donor human milk—remains at the heart of all we do.



MEDICAL ADVISORY COMMITTEE

We are grateful for the leadership and expertise of our Medical Advisory Committee members.

Diane Attardi, MD

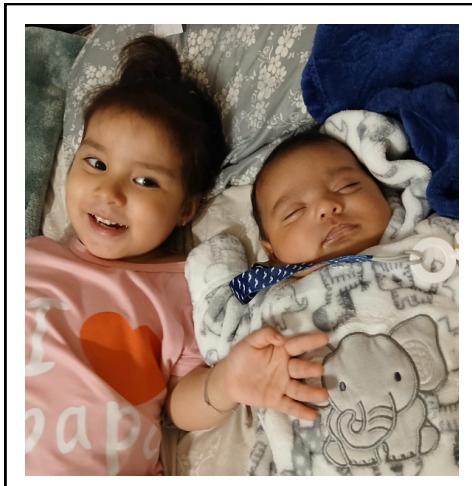
Margreete Johnston, MD

Mary Farone, Ph.D.

Nikki Lee, RN, BSN, MS, ANLC, IBCLC

Sami Ismail, MD

Valerie Parker, MD



Mothers' Milk Bank of Tennessee is dedicated to providing safe, pasteurized donor human milk to the most vulnerable babies.

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